

LASER CROSSECTOMY

THERMAL AND NON THERMAL
ENDOVENOUS INTERVENTIONS

21st International
Master Course
in Phlebology



**Baltic Society
of Phlebology**

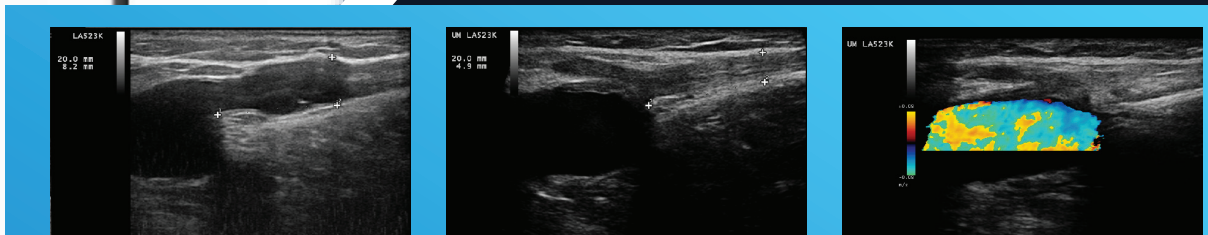
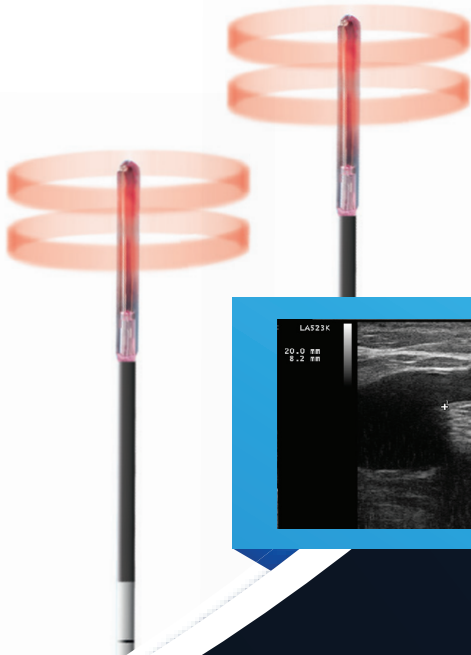
IN COLLABORATION WITH



**DR. MAURINS VEIN CLINIC
LASER MEDICAL CLINIC**



**Master Course
for Phlebologists,
Dermatologists, Surgeons
and Vascular Surgeons**



Riga, December 6-7, 2019



Dear colleagues and friends!

On behalf of the Baltic Society of Phlebology I have the honour to invite you to Riga for the 21st International Master Course of Phlebology, that will take place in Riga from 6 – 7 December, 2019.

The main objective of the Course in question is to review and compare the most recent and progressive methods for the treatment of saphenous veins. The focus of the Course will be mainly placed on laser ablation and technical aspects of laser crossectomy. Additionally, throughout the Course a significant attention will be devoted for a thorough discussion of the best possible functional and aesthetic result with minimal risk of complications and further side effects by using different treatment strategies.

The Baltic Society of Phlebology are delighted and honoured that the invited faculty of the 21st International Master Course of Phlebology will be composed of high-level professionals, such as the Prof. **Igor Zolotukhin**, MD (Russia) - Executive Secretary of Russian Phlebological Association and **Matvei Parikov**, MD (Russia) - Leading Specialist of the St. Petersburg branch of the Innovation Vascular Centre and board member of the Baltic Society of Phlebology.

The aforementioned review of the background of the international board of faculty provides the participants with an opportunity to learn about the most successful and up-to-date ablation techniques from the world's leading physicians specialising in the care of the varicose veins.

The two-day workshop will focus on the latest techniques: non thermal and thermal, as well as provide “tips and tricks” for the successful treatment of vein diseases.

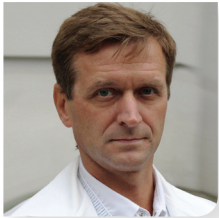
The emphasis will be put on the learning efficiency by forming smaller groups of participants to ensure more opportunities for questions and further discussions.

On behalf of the Baltic Society of Phlebology I am looking forward to seeing you during the 21st International Master Course in Phlebology and welcoming you in Riga.

A handwritten signature in blue ink, appearing to read 'U. Maurins'. The signature is fluid and cursive, with a long horizontal stroke at the end.

Prof. Dr. **Uldis Maurins**, MD
President of the Baltic Society of Phlebology

Faculty



Prof. Igor Zolotukhin, MD
Pirogov Russian National
Research Medical University
Moscow, Russia



Prof. Uldis Maurins, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Matvei Parikov, MD
St. Petersburg branch
of the Innovation Vascular Centre
St. Petersburg, Russia



Juris Rits, MD
Dr. Maurins Vein Clinic
Riga, Latvia



A/Prof. Andrejs Vanags, MD
Dr. Maurins Vein Clinic
Riga, Latvia



A/Prof. Arnolds Kadiss, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Sandra Prave, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Andis Rits, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Ints Bruneniekis, MD
Dr. Maurins Vein Clinic
Riga, Latvia

LASER CROSSECTOMY, THERMAL AND NON THERMAL ENDOVENOUS INTERVENTIONS

Master Course for Phlebologists, Dermatologists, Surgeons and Vascular Surgeons

Friday, December 6, 2019 14:30 - 19:00

AC HOTEL BY MARRIOTT RIGA, Dzirnavu Street 33, Riga, Latvia

Saturday, December 7, 2019 9:00 - 12:00

AC HOTEL BY MARRIOTT RIGA, Dzirnavu Street 33, Riga, Latvia

Saturday, December 7, 2019 14:00 - 19:00

Dr. Maurins Vein Clinic, 18A Kokneses prospekts, Riga, Latvia

Registration: The master course's practical part is limited to 84 practicing physicians, with places available on a first-come, first-served basis. Registration categories and fees are listed below. For registration please kindly visit the website of the Baltic Society of Phlebology at www.baltic-phlebology.org and download the Meeting Registration Form (after completion to be sent by fax to +371 67 241343 or by e-mail: events@baltic-phlebology.org).

For more info: call +371 29 213773, or e-mail: events@baltic-phlebology.org, www.baltic-phlebology.org.

2-Day Course (theoretical and practical part) – 250 EUR

(For members of the Baltic Society of Phlebology up to November 6 – 150 EUR, after November 6 – 200 EUR).

2-Day Course (only theoretical part) – 80 EUR

(For members of the Baltic Society of Phlebology – 60 EUR).

Included: course syllabus, dinner on December 6, lunch on December 7 and refreshments.

Accompanying person for dinner on December 6 – 50 EUR.

Accommodation: On behalf of our meeting attendees, a special rate has been secured for the dates of the meeting at 80 EUR/night for a standard single room, 90 EUR/night for a standard room double occupancy at the AC HOTEL BY MARRIOTT RIGA.

Deadline for the special reservation rate is **November 15**. Here's reservation link what you can use to make reservations: <https://www.marriott.com/events/start.mi?id=1568884791648&key=GRP>.

Language: The official language of the course is English.

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Master Course for Phlebologists, Dermatologists, Surgeons and Vascular Surgeons

Day 1 Friday, December 6, 2019

14:30	Registration
15:00 – 15:10	Welcome of the participants. Uldis Maurins , Latvia
15:10– 15:22	Comparison of thermal and non thermal ablation techniques in treatment of saphenous veins. Igor Zolotukhin , Russia
15:25 – 15:37	Endovenous laser ablation of saphenous veins as first step in treatment of axial reflux. Uldis Maurins , Latvia
15:40 – 15:52	Advantages of Swift fibre for EVLA. Andrejs Vanags , Latvia
15:55 – 16:07	Endovenous ablation of leg veins: should we be more or less radical? Arnolds Kadiss , Latvia
16:10 – 16:22	“Turbo” modification of endovenous laser ablation. Juris Rits , Latvia
16:30 – 17:00	Coffee Break
17:00 – 17:12	Thermal ablation in the extrafascial location – is it safe? Igor Zolotukhin , Russia
17:15 – 17:27	Endovenous laser ablation with 1940 nm laser and radial fibers in varicose vein surgery, 2 years follow-up. Uldis Maurins , Latvia
17:30 – 17:42	EVLA with 1470 nm and radial fibres. State of the art! Matvei Parikov , Russia
17:45 – 17:57	Complications of thermal and non thermal methods and their management. Andrejs Vanags , Latvia
18:00 – 18:12	Recurrent varicose veins, residual veins after ablation of saphenous veins and how to treat them. Arnolds Kadiss , Latvia
18:15 – 18:27	Endovenous laser therapy of the GSV: 3-years results of a randomised prospective study comparing 0 and 2 cm ablations distance from the deep vein. Juris Rits , Latvia
18:30 – 18:42	Wavelengths, fibers or way of procedure performance for successful laser ablation? Lessons learned from 17 years of experience. Uldis Maurins , Latvia
18:45 – 19:00	Questions and answers
20:00	Dinner

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Master Course for Phlebologists, Dermatologists, Surgeons and Vascular Surgeons

Day 2 Saturday, December 7, 2019

- 9:00 – 9:15 How to optimise sclerotherapy results? **Igor Zolotukhin**, Russia
- 9:20 – 9:35 EVLA with 1940 nm and radial fibres. Lessons learned. **Juris Rits**, Latvia
- 9:40 – 9:55 Tips and tricks of endovenous laser ablation. **Matvei Parikov**, Russia
- 10:00 – 10:30 Coffee Break
- 10:30 – 10:45 EVLA of close to skin located veins with 1940 nm laser and Swift fibres. **Andrejs Vanags**, Latvia
- 10:50 – 11:05 Principles of laser crossectomy. **Uldis Maurins**, Latvia
- 11:10 – 11:25 Ultrasound guided foam sclerotherapy of recurrent varicose veins: practical aspects.
Arnolds Kadiss, Latvia
- 11:30 – 11:45 Endovenous ablation of saphenous veins: my view for the future. **Igor Zolotukhin**, Russia
- 11:45 – 12:00 Questions and answers
- 12:00 – 13:00 Lunch Break
- 14:00 – 19:00 Practical demonstrations in rotating groups (each group of 8 – 12 doctors)
- Group 1: Laser ablation of small veins (up to 8 mm). **Andrejs Vanags**, Latvia
- Group 2: Laser ablation of moderate veins (from 8 mm to 12 mm). **Matvei Parikov**, Russia
- Group 3: Laser ablation of big veins (bigger than 12 mm). **Juris Rits**, Latvia
- Group 4: Technique of laser crossectomy. **Uldis Maurins**, Latvia
- Group 5: Ultrasound guided sclerotherapy of tributaries. **Igor Zolotukhin**, Russia
- Group 6: Ultrasound guided sclerotherapy of recurrences. **Arnolds Kadiss**, Latvia
- 19:00 Final questions and answers

Upon completion of the course, each participant will receive an official certificate of attendance