



**Baltic Society
of Phlebology**



**DR. MAURINS VEIN CLINIC
LASER MEDICAL CLINIC**

BALTIC SOCIETY OF PHLEBOLOGY

IN COLLABORATION WITH POLISH SOCIETY OF PHLEBOLOGY AND DR. MAURINS VEIN CLINIC

18th International Master Course in Phlebology

THERMAL AND NON THERMAL ENDOVENOUS INTERVENTIONS

Master Course for Phlebologists, Dermatologists,
Surgeons and Vascular Surgeons

**PRELIMINARY
PROGRAM**

Riga, December 14-15, 2018





Dear colleagues and friends!

On behalf of the Baltic Society of Phlebology I have the honour to invite you to Riga for the 18th International Master Course of Phlebology, that will take place in Riga from 14 – 15 December, 2018.

The main objective of the Course in question is to review and compare the most recent and progressive thermal and non thermal methods for the treatment of saphenous veins. The focus of the Course will be mainly placed on non thermal ablations methods and it's comparing with actual golden standard - thermal ablation. Additionally, throughout the Course a significant attention will be devoted for a thorough discussion of the best possible functional and aesthetic result with minimal risk of complications and further side effects by using different techniques.

The Baltic Society of Phlebology are delighted and honoured that the faculty of the 18th International Master Course of Phlebology will be composed of high-level professionals acknowledged all over the world, such as the Prof. **Tomasz Urbanek**, MD (Poland), Prof. **A. Kursat Bozkurt**, MD (Turkey), **Aleksandra Jaworucka - Kaczorowska**, MD (Poland) and **Frantisek Zernovicky**, MD (Slovakia).

The aforementioned review of the background of the international board of faculty provides the participants with an opportunity to learn about the most successful and up-to-date ablation techniques from the world's leading physicians specialising in the care of the varicose veins.

The two-day workshop will focus on the latest techniques: non thermal and thermal, as well as provide “tips and tricks” for the successful treatment of vein diseases.

The emphasis will be put on the learning efficiency by forming smaller groups of participants to ensure more opportunities for questions and further discussions.

On behalf of the Baltic Society of Phlebology I am looking forward to seeing you during the 18th International Master Course in Phlebology and welcoming you in Riga.

Prof. Dr. **Uldis Maurins**, MD
President of the Baltic Society of Phlebology

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Friday, December 14, 2018 14:30 - 19:00
Avalon Hotel, 13. Janvara Street 19, Riga, Latvia

Saturday, December 15, 2018 9:00 - 12:00
Avalon Hotel, 13. Janvara Street 19, Riga, Latvia

Saturday, December 15, 2018 14:00 - 19:00
Dr. Maurins Vein Clinic, 18A Kokneses prospect, Riga, Latvia

Registration: The master course's practical part is limited to 84 practicing physicians, with places available on a first-come, first-served basis. Registration categories and fees are listed below. For registration please kindly visit the website of the Baltic Society of Phlebology at www.baltic-phlebology.org and download the **Meeting Registration Form** (after completion to be sent by fax to +371 67 241343 or by e-mail: events@baltic-phlebology.org).

For more info: call +371 29 213773
e-mail: events@baltic-phlebology.org
www.baltic-phlebology.org

2-Day Course (theoretical and practical part): 250 EUR
(For members of the Baltic and Polish Societys of Phlebology
up to November 1 – 150 EUR, after November 1 – 200 EUR).

2-Day Course (only theoretical part): 80 EUR
(For members of the Baltic and Polish Societys of Phlebology – 60 EUR).

Included: course syllabus, dinner on December 14, lunch on December 15 and refreshments.
Accompanying person for dinner on December 14 – 50 EUR.

Accommodation: On behalf of our meeting attendees, a special rate has been secured for the dates of the meeting at 55 EUR/night for a standard single room, 60 EUR/night for a standard room double occupancy at the Avalon Hotel. When making your reservation, please be sure to mention the key word: **PHLEBOLOGY**, deadline for the special rate reservation is November 30. For reservations, please e-mail to reservations@hotelavalon.eu or call the Avalon Hotel at +371 67 876524.

Language: The official language of the course is English.

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Day 1 Friday, December 14, 2018

- 14:30 Registration
- 15:00 – 15:10 Welcome of the participants. **Uldis Maurins**, Latvia
- 15:10 – 15:25 Comparison of thermal and non-thermal ablation techniques in treatment of saphenous veins. **Tomasz Urbanek**, Poland
- 15:30 – 15:42 MOCA (Clarivein) benefits and handicaps - Single Centre Experience. **Frantisek Zernovicky**, Slovakia
- 15:45 – 15:57 Flebogriff - non-tumescent, non-thermal saphenous vein mechanochemical ablation - lesson learned. **Tomasz Urbanek**, Poland
- 16:00 – 16:12 Cyanoacrylate ablation. Turkish experience. **A. Kursat Bozkurt**, Turkey
- 16:15 – 16:27 EVLA with 1470 nm and radial fibres. State of the art! **Uldis Maurins**, Latvia
- 16:30 – 17:00 Coffee Break
- 17:00 – 17:12 Foam sclerotherapy of saphenous veins by using short catheters. Advantages and disadvantages of the method compared to other endovascular techniques. **Arnolds Kadiss**. Latvia
- 17:15 – 17:27 Tumescent assisted sclerotherapy by using long catheter - a valid and cost - effective option of saphenous vein ablation. **Aleksandra Jaworucka-Kaczorowska**, Poland
- 17:30 – 17:42 EVLA with 1940 nm and radial fibres. Lessons learned. **Uldis Maurins**, Latvia
- 17:45 – 17:57 Complications of thermal and non thermal methods and their management. **Andrejs Vanags**, Latvia
- 18:00 – 18:12 “Turbo” modification of EVLA by using of pull back device. **Juris Rits**, Latvia
- 18:15 – 18:30 Will the NTTNT ablations change the future of varicose vein surgery?
Frantisek Zernovicky, Slovakia
- 18:40 – 19:00 Questions and answers
- 20:00 Dinner

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Day 2 Saturday, December 15, 2018

- 9:00 – 9:15 MOCA (Clarivein) ablation - how to improve the actual concept?
Frantisek Zernovicky, Slovakia
- 9:20 – 9:35 Tips and tricks of Flebogriff ablation. **Tomasz Urbanek**, Poland
- 9:40 – 10:00 Principles of endovenous ablation with cyanoacrylate. **A. Kursat Bozkurt**, Turkey
- 10:00 – 10:20 Coffee Break
- 10:20 – 10:35 How do I perform tumescent assisted long catheter sclerotherapy.
Aleksandra Jaworucka-Kaczorowska, Poland
- 10:40 – 10:55 Practical aspects of foam sclerotherapy of saphenous veins by using a short catheters and tumescent assistance. **Uldis Maurins**, Latvia
- 11:00 – 11:15 Tips and tricks of EVLA with 1940 nm laser and radial emitting fibres. **Juris Rits**, Latvia
- 11:20 – 11:35 Endovenous ablation of saphenous veins: my view for the future. **Tomasz Urbanek**, Poland
- 11:40 – 12:00 Questions and answers
- 12:00 – 13:00 Lunch Break
- 14:00 – 19:00 Practical demonstrations in rotating groups (each group of 8-14 doctors)
- Group 1: MOCA ablation of GSV. **Frantisek Zernovicky**, Slovakia
- Group 2: Flebogriff ablation of GSV. **Tomasz Urbanek**, Poland
- Group 3: Glue ablation of GSV. **A. Kursat Bozkurt**, Turkey
- Group 4: Laser ablation (1940 nm and 2Ring fibre) of GSV - "Turbo" modification. **Juris Rits, Andrejs Vanags**, Latvia
- Group 5: Tumescent assisted long catheter sclerotherapy of GSV. **Aleksandra Jaworucka-Kaczorowska**, Poland
- Group 6: Tumescent assisted short catheter sclerotherapy of GSV. **Uldis Maurins, Arnolds Kadiss**, Latvia
- 19:00 Final questions and answers

Upon completion of the course, each participant will receive an official certificate of attendance

Sunday, December 16, 2018

- 10:00 – 12:00 Board Meeting of Baltic Society of Phlebology
Avalon Hotel, 13. Janvara Street 19, Riga, Latvia

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