

15th International Master Course in Phlebology



The Baltic Society
of Phlebology



DR. MAURINS VEIN CLINIC
LASER MEDICAL CLINIC

ENDOVENOUS ABLATION IN MODERN TREATMENT OF VENOUS DISEASES

Master Course for
Phlebologists, Dermatologists,
Surgeons and Vascular Surgeons



Riga, November 24-25
2017

Baltic Society of Phlebology
in cooperation with
Dr. Maurins Vein Clinic



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Dear colleagues and friends!

On behalf of the Baltic Society of Phlebology I have the honour to invite you to Riga for the **15th International Master Course of Phlebology**. The proposed event will be dedicated to the current endovascular techniques in treatment of venous diseases. The Master Course will focus on the most important aspects of the endovenous ablation, such as the distance from the deep vein where the ablation of the target vein is started, as well as the technologies and methods, covering a variety of topical subjects, starting from the endovenous ablation of saphenous veins and their superficial tributaries, to sclerotherapy of residual tributaries after the endovenous ablation in order to achieve the best possible functional and aesthetic results with minimal risk of complications and further side effects.

The Baltic Society of Phlebology are delighted and honoured that the faculty of the 15th International Master Course of Phlebology will be composed of high-level professionals acknowledged all over the world, such as the Dr. **Johann Chris Ragg (Germany)**, Dr. **Petar Dragic (Serbia)** and Dr. **Frantisek Zernovicky Jr. (Slovakia)**.

Dr. **Johann Chris Ragg (Germany)** started to work on vascular diseases at Charité University Clinic Berlin in 1990, covering angiology and interventional radiology. To unite all vascular disciplines he founded a private vascular facilities in 2000. Instead of academic merits, the explicit aim of the Dr. Ragg was the technical development, clinical progress and patient comfort. Dr. Ragg's units were one of the first in Europe to specialize in endovenous procedures.

Dr. **Petar Dragic (Serbia)** has performed more than 8000 laser vein operations, received numerous awards in international congresses and worked in several different countries. He is a narrowly specialized surgeon in the field of varicose vein problems and vein aesthetics. Even more, he is considered to be one of pioneers in performing laser vein operations. Dr. Dragic has founded four clinics, located in Belgrade, Novi Sad, Podgorica and Banja Luka which exclusively specializes in laser vein operations and vein aesthetics.

Dr. **Frantisek Zernovicky Jr. (Slovakia)** is a vascular surgeon in the department of the vascular surgery in national institute for cardiovascular diseases. He has performed more than 4000 different vein ablations - RFA, Laser, Glue, MOCA. The main aim of Dr. Zernovicky is to select the optimal procedure for every patient, as well as to develop the best possible protocol for the particular device. Dr. Zernovicky has taken the role of the faculty member in over 50 different international workshops specialising in mini-invasive venous surgery (RFA, Glue, Duplex guided foam sclerotherapy).

The aforementioned review of the background of the international board of faculty provides the participants with an opportunity to learn about the most accurate and up-to-date techniques in the field of the endovascular therapies of venous diseases from the world's leading physicians specializing in the care of the varicose veins.

The two-day workshop will focus on the latest techniques: thermal and non-thermal ablation, as well as provide "tips and tricks" for the successful treatment of vein problems.

The emphasis will be put on the learning efficiency by forming smaller groups of participants to ensure more opportunities for questions and further discussions.

On behalf of the Baltic Society of Phlebology I am looking forward to seeing you during the **15th International Master Course** in Phlebology and welcoming you in Riga.



Prof. Dr. **Uldis Maurins**, MD
President of the Baltic Society of Phlebology

Faculty

15th International Master Course
in Phlebology



Johann Chris Ragg, MD
Founder and Head of angioclinic® Vein Centres,
Berlin, Germany



Frantisek Zernovicky Jr., MD
University Clinic of Vascular Surgery, National Institute for Cardiovascular Diseases
Bratislava, Slovakia



Petar Dragic, MD
Founder and Head of Dr. Dragic Clinics
Belgrade, Serbia



Prof. Dr. Uldis Maurins, MD
Dr. Maurins Vein Clinic
Riga, Latvia



A/Prof. Arnolds Kadiss, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Juris Rits, MD
Dr. Maurins Vein Clinic
Riga, Latvia

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Friday, November 24, 2017 14:30 - 19:30
Avalon Hotel, 13. Janvara Street 19, Riga, Latvia

Saturday, November 25, 2017 9:00 - 13:00
Avalon Hotel, 13. Janvara Street 19, Riga, Latvia

Saturday, November 25, 2017 14:00 - 18:00
Dr. Maurins Vein Clinic, Kokneses Prospect 18A, Riga, Latvia

Registration: The master course's practical part is limited to 84 practicing physicians, with places available on a first-come, first-served basis. Registration categories and fees are listed below. For registration please kindly visit the website of the Baltic Society of Phlebology at www.baltic-phlebology.org and download the **Meeting Registration Form** (after completion to be sent by fax to +371 67 241343 or by e-mail: events@baltic-phlebology.org).

For more info: call +371 29 213773
e-mail: events@baltic-phlebology.org
web: www.baltic-phlebology.org.

2-Day Course (theoretical and practical part): 250 EUR
(For members of the Baltic Society of Phlebology up to October 15 - 150 EUR, after October 15 - 200 EUR).

2-Day Course (only theoretical part): 80 EUR
(For members of the Baltic Society of Phlebology – 60 EUR).

Included: course syllabus, dinner on November 24, lunch on November 25 and refreshments. Accompanying person for dinner on November 24 - 30 EUR.

Accommodation: On behalf of our meeting attendees, a special rate has been secured for the dates of the meeting at 50 EUR/night for a standard single room, 55 EUR/night for a standard room double occupancy at the SemaraH Hotel METROPOLE (www.semarahhotels.com). Hotel SemaraH Hotel METROPOLE is located in a 5 minutes walking distance from the Avalon Hotel. For reservations, please kindly download the **Hotel Reservations Form** and after completion, send it by the e-mail to reservations@semarahhotels.com or call the Metropole Hotel at +371 66119339. Deadline for the special rate reservation is November 1.

Language: The official language of the course is English.

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Day 1 Friday, November 24, 2017

- 15:00 - 15:10 Welcome of the participants. **Uldis Maurins**, Latvia
- 15:10 - 15:30 Comparison of thermal and non-thermal ablation techniques in treatment of saphenous veins. **Frantisek Zernovicky**, Slovakia
- 15:30 - 15:50 Endovenous laser ablation of saphenous veins as first step in treatment of axial reflux. **Uldis Maurins**, Latvia
- 15:50 - 16:10 Advantages of Slim fibre for EVLA. **Petar Dragic**, Serbia
- 16:10 - 16:30 Endovenous ablation of leg veins: should we be more or less radical?
Johann Chris Ragg, Germany
- 16:30 - 17:00 Coffee Break
- 17:00 - 17:20 Endovascular treatment of superficial tributaries by using of compression film bandage. **Johann Chris Ragg**, Germany
- 17:20 - 17:40 Is ablation distance crucial for therapy success? **Juris Rits**, Latvia
- 17:40 - 18:00 Laser crosssection is crucial for therapy success! **Petar Dragic**, Serbia
- 18:00 - 18:20 Recurrent varicose veins, residual veins after ablation of saphenous veins and how to treat them. **Arnolds Kadiss**, Latvia
- 18:20 - 18:40 Influence of 1940 nm wavelength on ablation results. **Uldis Maurins**, Latvia
- 18:40 - 19:00 19 years of endovenous ablation: lessons learned. **Frantisek Zernovicky**, Slovakia
- 19:00 - 19:30 Questions and answers
- 20:00 Dinner

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Day 2 Saturday, November 25, 2017

- 9:00 - 9:20 How to optimize sclerotherapy results? **Johann Chris Ragg**, Germany
9:20 - 9:40 Tips and tricks of endovenous laser ablation. **Frantisek Zernovicky**, Slovakia
9:40 - 10:00 Laser ablation of great saphenous veins: tips and tricks. **Petar Dragic**, Serbia

10:00 - 10:20 Coffee Break

- 10:20 - 10:40 Laser ablation of small saphenous veins: tips and tricks. **Juris Rits**, Latvia
10:40 - 11:00 Principles of endovenous laser ablation with 1470 nm laser and radial emitting fibres. **Uldis Maurins**, Latvia
11:00 - 11:20 How to ensure successful laser crossotomy. **Petar Dragic**, Serbia
11:20 - 11:40 Endovenous ablation of saphenous veins: my view for the future. **Johann Chris Ragg**, Germany
11:40 - 12:00 Questions and answers

12:00 - 13:00 Lunch Break

- 14:00 - 18:00 Practical demonstrations in rotating groups (each group of 8-12 doctors)
Group 1: Laser ablation (1470 nm and 2Ring fibre) of GSV. **Frantisek Zernovicky**, Slovakia
Group 2: Laser ablation (1940 nm and 2Ring fibre) of GSV. **Uldis Maurins**, Latvia
Group 3: Laser ablation (1470 nm and 2Ring fibre) of GSV. **Petar Dragic**, Serbia
Group 4: Laser ablation (1470 nm and 2Ring fibre) of SSV. **Juris Rits**, Latvia
Group 5: Ultrasound guided sclerotherapy of tributaries by using of compression film bandage. **Johann Chris Ragg**, Germany
Group 6: Ultrasound guided sclerotherapy of tributaries. **Arnolds Kadiss**, Latvia

18:00 Final questions and answers

Upon completion of the course, each participant will receive an official certificate of attendance

Sunday, November 26, 2017

- 10:00 - 12:00 General Meeting of Baltic Society of Phlebology (Members Only)
Avalon Hotel, 13. Janvara Street 19, Riga, Latvia

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